JARKABI RESOURCE GUIDE · ONTARIO & CANADA

Home care, *clearly explained.*

Explore common terms used in home and community care, from help with everyday routines to professional nursing and coordinated care programs.

EXPLORE THE GUIDE ↓ View sources

A PRACTICAL GUIDE

44

care terms, explained in plain language

Everyday home support	17
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ABOUT THIS GUIDE This catalogue describes care that may be available in Ontario and Canada. It is for education and planning; it does not mean Jarkabi currently offers every item. Availability, eligibility, and funding depend on the provider, location, and care needs.

FIND THE RIGHT LANGUAGE

Explore home care services

Browse by type or search for a term. The same person may receive more than one kind of support, selected through their assessment and care plan.

01 / EVERYDAY SUPPORT ↗
Personal & home support
Daily activities, household help, and connection

02 / PROFESSIONAL CARE ↗
Nursing & clinical care
Assessment, treatment, therapy, and coordination

03 / COORDINATED CARE ↗
Specialized care programs
Care shaped around a condition or life stage

BROWSE BY CATEGORY

All terms 44 | Home support 17 | Clinical care 17 | Specialized 10

SEARCH CARE TERMS

Try nursing, respite, meals…

Showing all 44 care terms

01 / GUIDE

Everyday support at home

Practical help with daily activities, household routines, connection, and safety.

17 TERMS

01 · HOME SUPPORT
Personal care
Hands-on help with bathing, grooming, dressing, oral care, and other daily self-care.

02 · HOME SUPPORT
Toileting and continence support
Help getting to the toilet, changing continence products, and maintaining hygiene and dignity.

03 · HOME SUPPORT
Mobility and transfer assistance
Help moving safely around the home or transferring between a bed, chair, or wheelchair.

04 · HOME SUPPORT
Eating assistance
Help preparing for meals and eating when a person cannot manage independently.

05 · HOME SUPPORT
Medication reminders
Reminding someone to take their own medication as directed; this is different from clinical medication administration.

06 · HOME SUPPORT
Homemaking
Routine household help such as light cleaning, laundry, and changing bed linens.

07 · HOME SUPPORT
Meal preparation or delivery
Planning and preparing meals at home, or bringing prepared meals to the person.

08 · HOME SUPPORT
Shopping and errands
Help obtaining groceries, household essentials, and other necessities.

09 · HOME SUPPORT
Companion care
Conversation, activities, outings, and social contact to reduce isolation.

10 · HOME SUPPORT
Transportation and escort
Help travelling to appointments or community activities, sometimes including assistance during the visit.

11 · FAMILY SUPPORT
Respite care
Temporary substitute care that gives a family or friend caregiver time away.

12 · FAMILY SUPPORT
Caregiver support
Education, practical guidance, counselling, and help finding resources for unpaid caregivers.

13 · COMMUNITY PROGRAM
Adult day programs
Supervised daytime activities in a community setting, often with meals and social support.

14 · HOME SUPPORT
Safety checks and reassurance calls
Scheduled visits or calls to check wellbeing and identify a need for help.

15 · RESPONSE SERVICE
Personal emergency response
A device or service that connects a person at home to an emergency response centre.

16 · HOME SUPPORT
Foot care
Routine or specialized foot assessment and care, according to the provider's qualifications.

17 · HOME SUPPORT
Home maintenance and accessibility support
Help with tasks such as repairs or connecting someone with equipment and changes that make the home safer.

02 / GUIDE

Nursing & professional care

Care that involves an appropriate regulated professional, assessment, order, or care plan.

17 TERMS

18 · CLINICAL SERVICE
Registered Nursing (RN)
Nursing assessment, care planning, treatments, monitoring, and education provided by an RN.

19 · CLINICAL SERVICE
Registered Practical Nursing (RPN)
Nursing assessment, treatment, monitoring, and education provided by an RPN when appropriate to the client's needs and the nurse's competence.

20 · CLINICAL SERVICE
Medication management and administration
Clinical review, preparation, administration, monitoring, and documentation of medicines as authorized.

21 · CLINICAL SERVICE
Wound care
Assessment and treatment of surgical wounds, pressure injuries, ulcers, and other wounds.

22 · CLINICAL SERVICE
Ostomy and continence nursing
Care and teaching related to a stoma, ostomy appliance, or complex continence needs.

23 · CLINICAL SERVICE
IV, infusion, and injection therapy
Administration and monitoring of prescribed treatments by qualified clinicians, at home or in a clinic.

24 · CLINICAL SERVICE
Catheter and tube care
Clinical care and teaching for devices such as urinary catheters or feeding tubes.

25 · CLINICAL SERVICE
Physiotherapy
Assessment and exercises to improve movement, strength, balance, and physical function.

26 · CLINICAL SERVICE
Occupational therapy
Help adapting daily activities and the home environment to improve safety and independence.

27 · CLINICAL SERVICE
Speech-language pathology
Assessment and treatment of communication or swallowing difficulties.

28 · CLINICAL SERVICE
Dietetics and nutrition counselling
Nutrition assessment and plans for food, supplements, or specialized feeding needs.

29 · CLINICAL SERVICE
Social work
Counselling, coping and family support, and connection to community resources.

30 · CLINICAL SERVICE
Psychology or mental-health therapy
Assessment and therapy for emotional, behavioural, or psychological needs where available.

31 · CLINICAL SERVICE
Respiratory therapy
Support for eligible people with breathing equipment, artificial airways, or home oxygen needs.

32 · CLINICAL SERVICE
Pharmacy services
Medication review, education, and pharmacy support connected to treatment at home.

33 · CLINICAL SERVICE
Diagnostic and laboratory services
Tests or specimen collection arranged in the home where a program or provider offers them.

34 · COORDINATION
Care coordination
Assessing needs, arranging providers, updating the care plan, and keeping services connected.

03 / GUIDE

Specialized care programs

Coordinated support shaped around a condition, life stage, or recovery period.

10 TERMS

35 · CARE PROGRAM
Senior home care
A tailored mix of personal, household, social, and clinical support that helps an older adult remain at home.

36 · CARE PROGRAM
Dementia care
Personal support, routines, activities, behavioural strategies, and family support adapted for someone living with dementia.

37 · CARE PROGRAM
Post-hospital or post-surgical care
Short-term nursing, rehabilitation, personal support, and follow-up during recovery at home.

38 · CARE PROGRAM
Chronic-disease support
Ongoing monitoring, education, and care for conditions such as diabetes, heart failure, or COPD.

39 · CARE PROGRAM
Palliative care
Care focused on comfort, symptom relief, quality of life, and support for a person with serious illness and their family.

40 · CARE PROGRAM
Hospice and bereavement support
End-of-life support and, where offered, support for family members after a death.

41 · CARE PROGRAM
Pediatric or child and youth home care
Age-appropriate nursing, personal support, or therapy for children with health or disability needs.

42 · CARE PROGRAM
Disability or acquired brain injury support
Personal care, rehabilitation, behavioural or cognitive support, and help participating in daily life.

43 · CLINICAL SERVICE
Mental-health and addictions nursing
Nursing assessment, education, follow-up, and connection to treatment and community supports.

44 · CARE MODEL
Telehomecare and remote monitoring
At-home measurements and regular coaching shared with a care team through technology.

HOW CARE IS SCHEDULED

Care arrangements are different from care services.

Overnight, live-in, and 24-hour care describe coverage arrangements. They do not, by themselves, describe a clinical service. A care plan should say what support is provided and who provides it.

When discussing these arrangements, ask whether a worker is awake, sleeping, or on call, and which qualifications the care requires. Availability, eligibility, and public funding vary by service and location.

FURTHER READING

Sources & guidance

These public resources informed the definitions in the supplied catalogue. Follow the links for program details, current eligibility, and clinical guidance.

ONTARIO
Home and Community Care Services Regulation ↗

HEALTH CANADA
Home, community and long-term care overview ↗

ONTARIO
Community support services ↗

COLLEGE OF NURSES OF ONTARIO
Working with unregulated care providers ↗

ONTARIO HEALTH ATHOME
Home care ↗

ONTARIO HEALTH ATHOME
Therapy and rehabilitation ↗

ONTARIO HEALTH ATHOME
Specialized services ↗

ONTARIO HEALTH ATHOME
Wound care ↗

ONTARIO HEALTH ATHOME
Palliative care ↗

ONTARIO HEALTH ATHOME
Rapid response nurses ↗

ONTARIO HEALTH ATHOME
School support services ↗

ONTARIO HEALTH ATHOME
Mental-health and addictions nursing ↗

ONTARIO HEALTH ATHOME
Telehomecare ↗